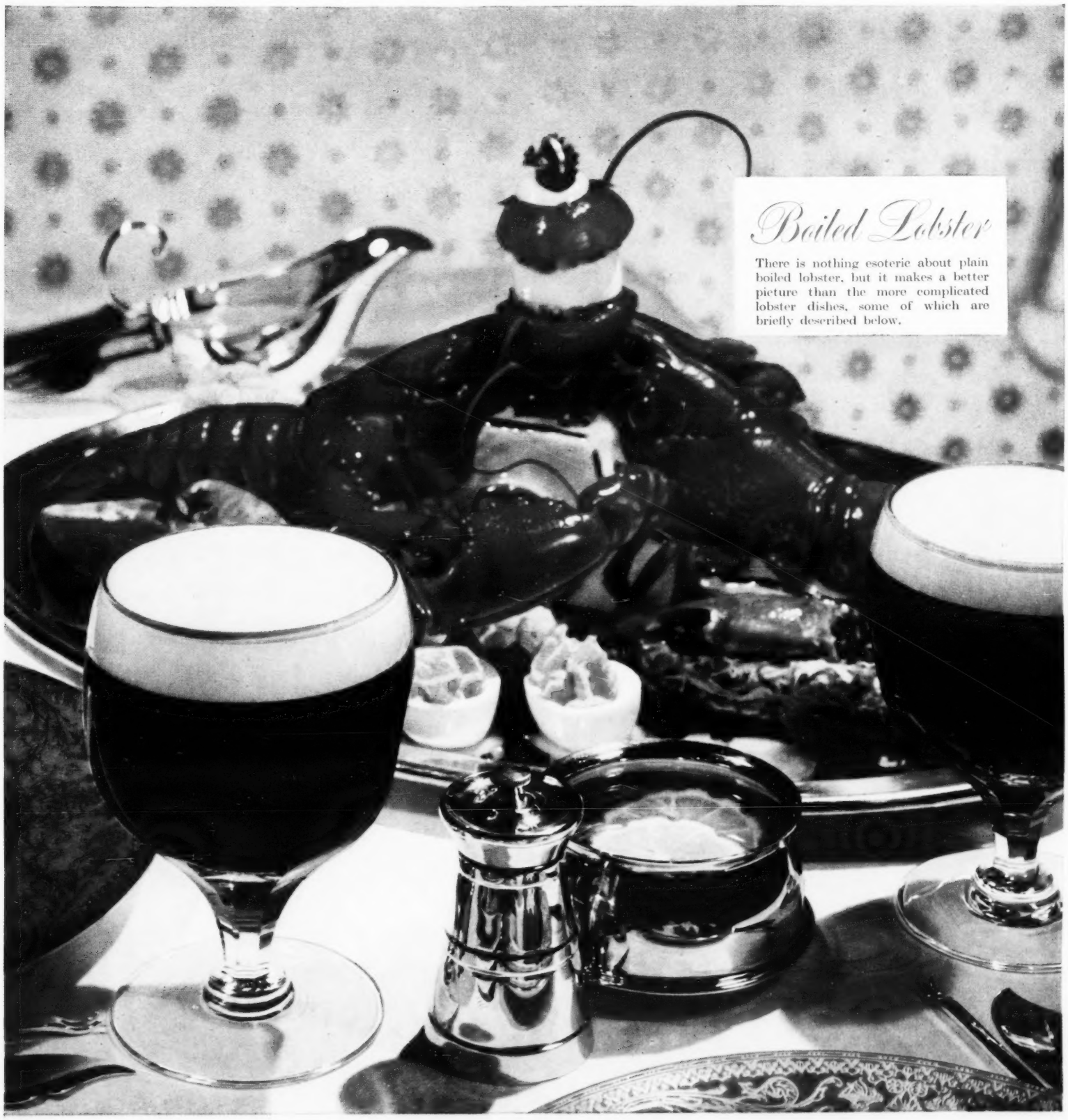

A Guinness Guide to Lobster on the Menu

THE JUSTIFICATION of the language of the menu is that if it did not exist it would be necessary to invent it. Self-explanatory names in English would be long and cumbersome. Some of the expressions you may encounter when lobster is on the menu are explained here.

SOME FAMOUS LOBSTER DISHES

LOBSTER CARDINAL. For this the meat is removed from the shell and cooked in lobster sauce and brandy. Then it is put back into the shell and browned under the grill. LOBSTER AMERICAINE. The flesh is taken from the shell and flared in brandy. Then lobster stock, with a little garlic and brandy, is added, and the cooking completed. Served with rice. LOBSTER NEWBURG. Also served with rice, but cooked in lobster stock, brandy and cream. LOBSTER NORMANDE. The flesh is taken from the shell very carefully so as not to break it. It is steamed, and served with a white wine sauce, cream, butter and lemon, and garnished with fried shrimps and mushrooms.

LOBSTER THERMIDOR. The flesh is removed from the shell, and flared in brandy, then cooked in white wine sauce, with herbs and shallots. Back in the shell, it is sprinkled with grated cheese and gratinée under the grill.

LOBSTER AND GUINNESS. Guinness has a special affinity for shell fish of every kind: oysters and Guinness, for example, have been table companions for generations. With the kingly lobster its clean appetising taste goes particularly well; and lobster, in any of the forms here described, is happy to share a table with a cool dark Guinness.

THE APPETISING TASTE OF GUINNESS IS SPLENDID WITH LOBSTER

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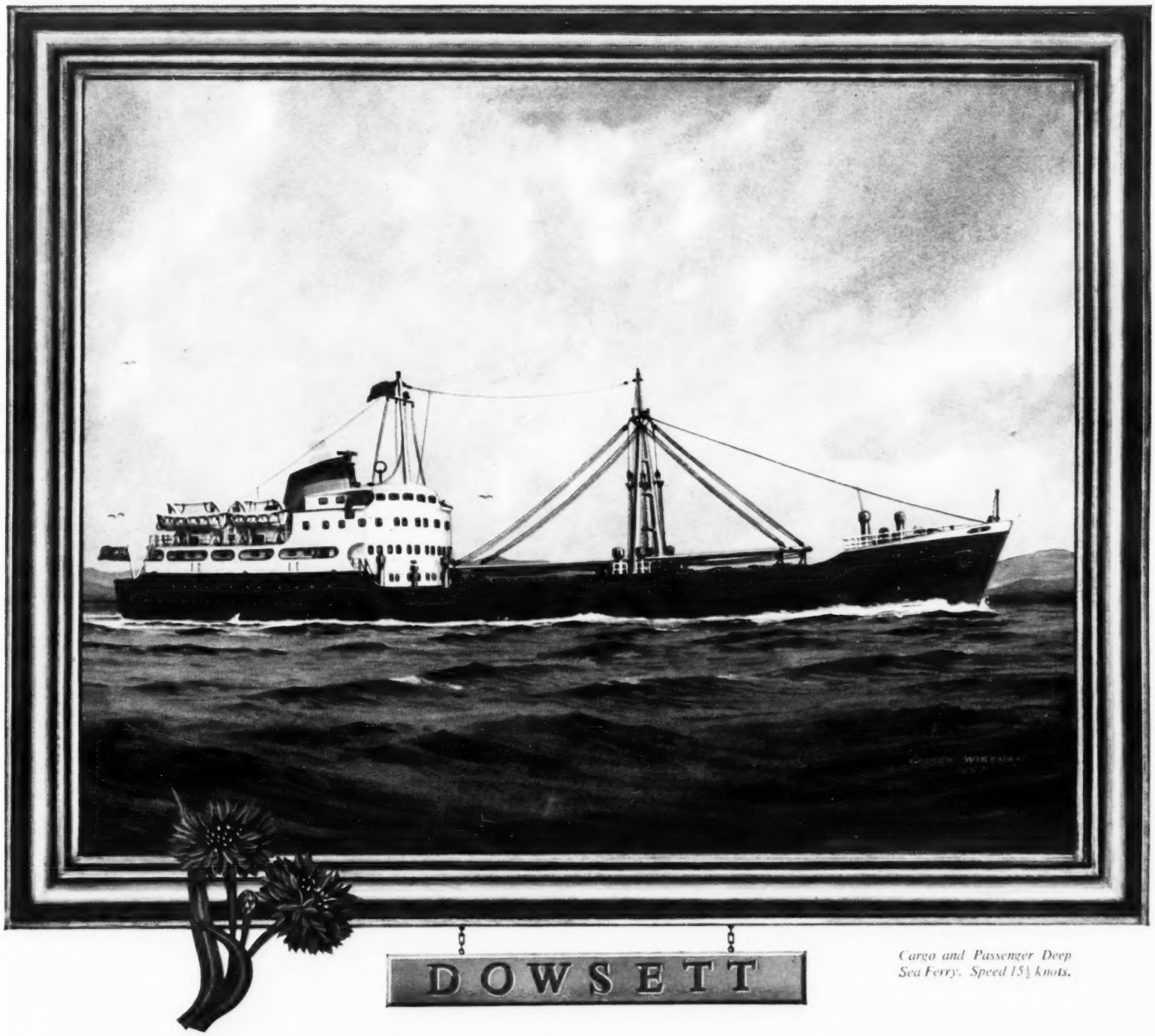

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